

Accepted Insurance Plans

If your insurance plan requires a referral from your Primary Care Physician, it is your responsibility to acquire it *prior* to your visit. If you do not have this referral in place before your appointment date, you will be asked to reschedule or pay in full.

- Aetna
- Aetna (PPO)
- Aetna Duke Select ***NOT IN NETWORK***
- Alignment Healthcare-Humana (Medicare Replacement/Advantage-HMO) ***PRIOR APPROVAL IS NEEDED***
- Anthem BCBS (out of state included)
- Anthem HMO Healthkeepers
- BCBS-NC (PPO), BCBS-NC-FEP (PPO), BCBS-State Health Plan (PPO), BCBS-NC (Medicare Supplement) but **NOT Blue Value or Blue Local**
- Beech Street
- CIGNA
- First Health
- Great West
- HealthNet Federal Services (Tricare North-Standard) ***PLEASE CALL PRIMARY PHYSICIAN FOR A REFERRAL***
- Humana ***SOME PLANS REQUIRE A REFERRAL***
- Mail Handlers
- MedCost
- Medicare (including all Medicare replacement policies/supplements)
- Multiplan / PHCS
- United Healthcare/United Healthcare (PPO)
- United Healthcare (Medicare Replacement/Advantage-PPO)
- UMR-United Healthcare (PPO)

If you do not see your insurance on this list, please call your insurance provider to confirm that Carolina Ear, Nose and Throat is an approved network provider.